Approach to the sick patient

d ccc A B C D E F G H I

Danger
  Is it safe to approach?
  PPE needed?
  Agitated patient?

CCC
  Call for help (right people, right place, right equipment)
  Calm (you, room, clear leader, reduce crowding)
  Cardiac arrest? (Unresponsive, check pulse / breathing, CPR, ALS algo)

AIRWAY
  Voice, stridor, posture
  Suction
  Position, jaw thrust  CALL FOR HELP HERE!
  Adjuncts
  Advanced airway

BREATHING
  SaO2, RR, auscultate
  Oxygen: Nasal spec / mask / NIV
  Ventilate: Bag-mask
  Salbutamol; Adrenaline
  CXR; blood gas

CIRCULATION
  HR, BP, (peripheral) pulses, JVP, skin
  Monitoring
  IV Access & bloods
  Fluids, blood
  12 lead ECG

DISABILITY
  Level of consciousness (GCS; AVPU)
  Pupils
  Limb movement
  Glucose
  Imaging? CT Head

EXPOSURE
  Undress the patient for full examination
  Check pockets
  Visualize skin (Rashes?)
  Temperature

FAMILY & FRIENDS
  Collateral history
  Advanced directives
  Set expectations
  Family witness resus?

analGesia
  position
  splinting
  IV morphine / Fentanyl
  IN diamorphine / Fentanyl
  IV Ketamine

HCG
  Urine test
  Blood
  Displace uterus to the left
  Perimortem c-section

INFECTION
  Isolate
  Sepsis 6; broad spectrum abx
  Source control